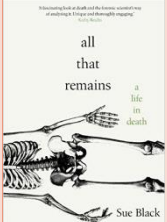


# Death and Bereavement Support Resources


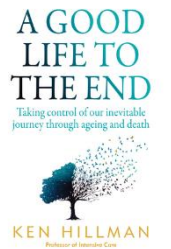


A list of books on the topic of dying, death and bereavement available from the Guille-Allès Library. Including books on practical advice and help with bereavement. Books on planning and finding the words to talk about your plans and wishes to your loved ones.

Topic	Cover Image	Title	Author	Shelfmark
<p><b>Having Conversations About Death</b></p>		<p><i>Let's talk about Death (over dinner) The essential guide to life's most important conversation</i></p>	<p>Hebb, Michael</p>	<p>306.9 HEB</p>
		<p><i>I Miss My Pet: a first look at the death of a pet</i></p>	<p>Thomas, Pat</p>	<p>J155.937</p>
		<p><i>Is Daddy Coming Back in a Minute?: Explaining (sudden) death in words very young children can understand</i></p>	<p>Barber, Elke</p>	<p>J155.9</p>
		<p><i>Let's Talk About When Someone Dies: Starting conversations with children about death and bereavement</i></p>	<p>Potter, Molly</p>	<p>J155.9</p>

		<p><i>Listen - How to find the words for tender conversations</i></p>	<p>Mannix, Kathryn</p>	<p>153.68 MAN</p>
		<p><i>Grandpa's Treasure</i></p>	<p>La Vasseur, Linda</p>	<p>Junior Fiction</p>

Topic	Cover Image	Title	Author	Shelfmark
<p><b>Memoirs</b></p>		<p><i>All that Remains: A life in death</i></p>	<p>Black, Sue</p>	<p>363.25092 BLA</p>

		<p><i>Written in Bone: hidden stories in what we leave behind</i></p>	<p>Black, Sue</p>	<p>614.17 BLA</p>
		<p><i>The Madness of Grief</i></p>	<p>The Reverend Richard Coles</p>	<p>155.937092 COL</p>
		<p><i>From Here to Eternity</i></p>	<p>Doughty, Caitlin</p>	<p>393 DOU</p>
		<p><i>Smoke Gets in Your Eyes</i></p>	<p>Doughty, Caitlin</p>	<p>393 DOU</p>
		<p><i>Thinking Out Loud: love, grief and being mum and dad</i></p>	<p>Ferdinand, Rio</p>	<p>155.9375 FER</p>

		<p><i>Reasons to Stay Alive</i></p>	<p>Haig, Matt</p>	<p>158.092 HAI</p>
		<p><i>A Good Life to the End</i></p>	<p>Hillman, Ken</p>	<p>155.937 WIL</p>
		<p><i>All the Ghosts in the Machine</i></p>	<p>Kasket, Elaine</p>	<p>306.9 KAS</p>
		<p><i>We All Know How This Ends: Lessons about life and living from working with death and dying</i></p>	<p>Lyons, Anna &amp; Winters, Louise</p>	<p>155.937 LYO</p>

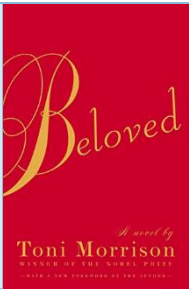
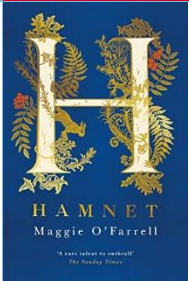
			<p><i>Dying: A Memoir</i></p>	<p>Taylor, Cory</p>	<p>823.92 TAY</p>
			<p><i>The Top Five Regrets of the Dying</i></p>	<p>Ware, Bonnie</p>	<p>155.937 WAR</p>
			<p><i>Gratitude</i></p>	<p>Sacks, Oliver</p>	<p>155.937 SAC</p>
			<p><i>When I Had a Little Sister: The Story of a Farming Family Who Never Spoke</i></p>	<p>Simpson, Catherine</p>	<p>616.858445 SIM</p>

			<i>The Iceberg</i>	Coutts, Marion	616.994 COU
			<i>Ask Me His Name: Learning to live and laugh again after the loss of my baby</i>	Wright, Elle	618.392 WRI
			<i>Beyond the High Blue Air</i>	Spinney, Lu	155.937 SPI
			<i>The Cure for Sleep</i>	Shadrick, Tanya	-
			<i>Love's Last Gift</i>	Ramsay, Bebhinn	155.937092 RAM

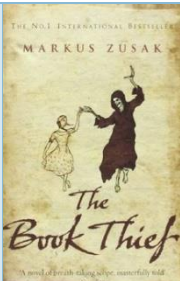
		<p><i>Once More We Saw Stars</i></p>	<p>Greene, Jayson</p>	<p>155.937 GRE</p>
		<p><i>Where Reasons End</i></p>	<p>Li, Yiyun</p>	<p>616.858445 LI</p>
		<p><i>Chase the Rainbow</i></p>	<p>Bell, Poorna</p>	<p>362.28 BEL</p>



Topic	Cover Image	Title	Author	Shelfmark
Fiction Fantasy/ Sci-fi	 The cover of 'Lord of the Flies' by William Golding features a stylized, black and white illustration of a pig's face with a human-like eye in the center. The title 'LORD OF THE FLIES' is written in a bold, blocky font at the top, and the author's name 'WILLIAM GOLDING' is at the bottom. A small gold seal on the right side says '50th Anniversary Edition'. Below the author's name, it says 'With a new introduction by Stephen King'.	<i>Lord of the Flies</i>	Golding, William	Fiction
	 The cover of 'A Brief History of Seven Killings' by Marlon James has a bright yellow background. The title is written in bold, black, sans-serif capital letters. Below the title, there is a small illustration of a bird in flight. The author's name 'Marlon James' is at the bottom in a cursive font.	<i>A Brief History of Seven Killings</i>	James, Marlon	Fiction
	 The cover of 'Altered Carbon' by Richard K. Morgan shows a man in a dark suit and tie, looking down. The title 'ALTERED CARBON' is written vertically in red on the left side. The author's name 'RICHARD K. MORGAN' is at the bottom. There are several quotes and reviews on the cover.	<i>Altered Carbon</i>	Morgan, Richard K	Sci-fi
	 The cover of 'Woken Furies' by Richard K. Morgan features a man in a dark suit standing in a futuristic, neon-lit cityscape at night. The title 'WOKEN FURIES' is written in large, white, block letters. The author's name 'RICHARD K. MORGAN' is at the top. There are several quotes and reviews on the cover.	<i>Woken Furies</i>	Morgan, Richard K	Sci-fi

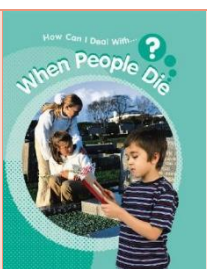
			<i>Beloved</i>	Morrison, Toni	Fiction
			<i>Hamnet</i>	O'Farrell, Maggie	Fiction
			<i>Grief is the Thing with Feathers</i>	Porter, Max	Fiction
			<i>Mort</i>	Pratchett, Terry	Fantasy

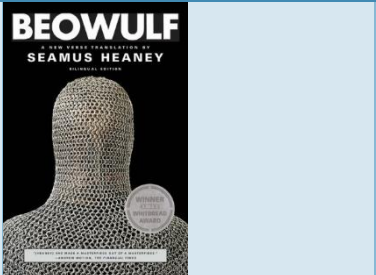
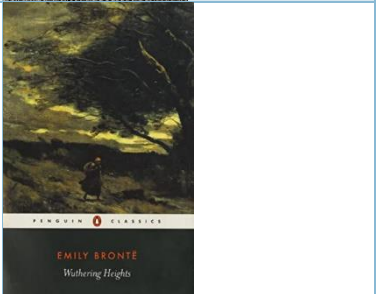
			<i>Reaper Man</i>	Pratchett, Terry	Fantasy
			<i>Soul Music</i>	Pratchett, Terry	Fantasy
			<i>Lincoln in the Bardo</i>	Saunders, George	Fiction
			<i>Memento Mori</i>	Spark, Muriel	Fiction

		<p><i>The Book Thief</i></p>	<p>Zusak, Marcus</p>	<p>Fiction</p>
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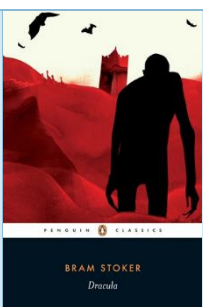
Topic	Cover Image	Title	Author	Shelfmark
<p><b>Young Adult</b></p>		<p><i>The Graveyard Book</i></p>	<p>Gaiman, Neil</p>	<p>Junior Fiction</p>
		<p><i>The Fault in Our Stars</i></p>	<p>Green, John</p>	<p>JA Teenage Fiction</p>

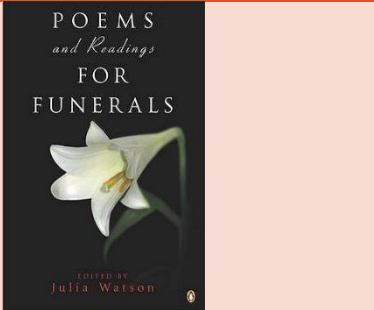
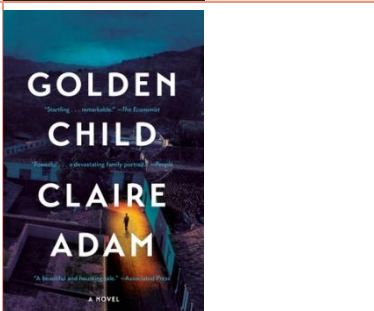
			<p><i>A Monster Calls</i></p>	<p>Ness, Patrick &amp; Dowd, Siobhan</p>	<p>Junior Fiction</p>
			<p><i>Bridge to Terabithia</i></p>	<p>Paterson, Katherine</p>	<p>Junior Fiction</p>
			<p><i>History is All You Left Me</i></p>	<p>Silvera, Adam</p>	<p>JA Teenage Fiction</p>
			<p><i>They Both Die at the End</i></p>	<p>Silvera, Adam</p>	<p>JA Teenage Fiction</p>

			<p><i>How Can I Deal With – when people die?</i></p>	<p>Hewitt, Sally</p>	<p>J155.9</p>
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Topic	Cover Image	Title	Author	Shelfmark
<p><b>Classic Literature</b></p>		<p><i>Beowulf</i></p>	<p>Anon</p>	<p>829.3 HEA</p>
		<p><i>Wuthering Heights</i></p>	<p>Bronte, Emily</p>	<p>Fiction</p>

			<p><i>The Woman in Black</i></p>	<p>Hill, Susan</p>	<p>Fiction</p>
			<p><i>A Grief Observed</i></p>	<p>Lewis, C.S.</p>	<p>242.4 LEW</p>
			<p><i>Hamlet</i></p>	<p>Shakespeare, William</p>	<p>822.331 HAM</p>
			<p><i>Frankenstein</i></p>	<p>Shelley, Mary</p>	<p>Fiction</p>

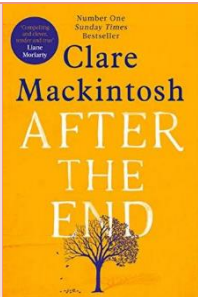
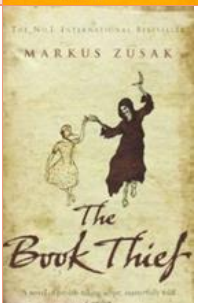
			<i>Dracula</i>	Stoker, Bram	Fiction
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Topic	Cover Image	Title	Author	Shelfmark
<b>Modern Literature</b>		<i>Poems and Readings for Funerals</i>	Watson, Julia	808.81 POE
		<i>Golden Child</i>	Adam, Claire	Fiction



			<p><i>Levels of Life</i></p>	<p>Barnes, Julian</p>	<p>823.914 BAR</p>
			<p><i>Mrs Death Misses Death</i></p>	<p>Godden, Salena</p>	<p>Fiction</p>
			<p><i>The Midnight Library</i></p>	<p>Haig, Matt</p>	<p>Fiction</p>
			<p><i>The Talented Mr Ripley</i></p>	<p>Highsmith, Patricia</p>	<p>Crime</p>

			<p><i>The Kicking the Bucket List</i></p>	<p>Hopkins, Cathy</p>	<p>Large Print Fiction</p>
			<p><i>Starve Acre</i></p>	<p>Hurley, Andrew</p>	<p>Fiction</p>
			<p><i>Never Let Me Go</i></p>	<p>Ishiguro, Kazuo</p>	<p>Fiction</p>
			<p><i>Klara and the Sun</i></p>	<p>Ishiguro, Kazuo</p>	<p>Fiction</p>

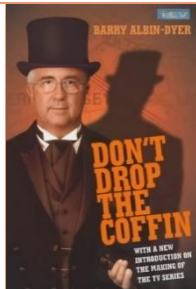
			<p><i>After the End</i></p>	<p>Mackintosh, Clare</p>	<p>Fiction</p>
			<p><i>The Book Thief</i></p>	<p>Zusak, Marcus</p>	<p>Fiction</p>


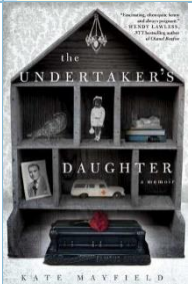
Topic	Cover Image	Title	Author	Shelfmark
<p><b>Books for People with Learning Disabilities</b></p>	<p>-</p>	<p><i>When I Die: The Choices that Tony has made for the end of his life</i></p>	<p>Easyhealth.org.uk</p>	<p>Free downloadable booklet</p>
	<p>-</p>	<p><i>Feelings You Might Have when Someone Dies: a new booklet</i></p>	<p>Marie Curie</p>	<p>Free downloadable PDF leaflet</p>

		<i>on grief for people with learning disabilities</i>		
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Topic	Cover Image	Title	Author	Shelfmark
<b>Funerals and Memorialisation</b>		<i>Time to Go: practical celebrations for the final milestone.</i>	Alternative British Funerals	-
		<i>It's Your Funeral</i>	George, Emma	393 GEO
		<i>The Complete Book of Funeral Planning Readings &amp; Music</i>	Johnstone, Burt	393 JOH

			<p><i>Burial Rites</i></p>	<p>Kent, Hannah</p>	<p>Fiction</p>
			<p><i>The American Way of Death Revisited</i></p>	<p>Mitford, Jessica</p>	<p>393 MIT</p>
			<p><i>We Need to Talk About the Funeral</i></p>	<p>Morrell, Jane</p>	<p>393 MOR</p>
			<p><i>Celebrating a Life</i></p>	<p>Moore, Faith</p>	<p>393 MOO</p>

		<p><i>Don't Drop the Coffin</i></p>	<p>Albin-Dyer, Barry</p>	<p>393 ALB</p>
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Topic	Cover Image	Title	Author	Shelfmark
<p><b>Behind the Scenes at the Funeral Directors</b></p>		<p><i>Smoke Gets in Your Eyes</i></p>	<p>Doughty, Caitlin</p>	<p>393 DOU</p>
		<p><i>The Undertaker's Daughter</i></p>	<p>Mayfield, Kate</p>	<p>393 MAY</p>

Topic	Cover Image	Title	Author	Shelfmark
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<p><b>Self-Help and Grief</b></p>		<p><i>When Parents Die: learning to live with the loss of a parent</i></p>	<p>Abrams, Rebecca</p>	<p>155.937 ABR</p>
		<p><i>The Five People You Meet in Heaven</i></p>	<p>Albom, Mitch</p>	<p>Fiction</p>
		<p><i>The Grief Survival Guide: navigating loss and all that comes with it</i></p>	<p>Brazier, Jeff</p>	<p>155.937 BRA</p>
		<p><i>Radical Acts of Love: How we find hope at the end of life</i></p>	<p>Brown, Janie</p>	<p>155.937 BRO</p>

			<p><i>Helping Children and Adolescents Think about Death, Dying, and Bereavement</i></p>	<p>Carter, Marian</p>	<p>155.937 CAR</p>
			<p><i>The Baby Loss Guide: practical and compassionate support with a day-by-day resource to navigate the path of grief</i></p>	<p>Clark-Coates, Zoe</p>	<p>618.392 CLA</p>
			<p><i>Life after Baby Loss</i></p>	<p>Gaskin, Nicola</p>	<p>618.392 GAS</p>
			<p><i>Hope and Healing after Stillbirth and New Baby Loss</i></p>	<p>Gournay, Kevin</p>	<p>618.392 ASH</p>



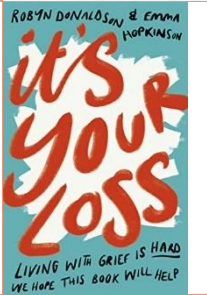
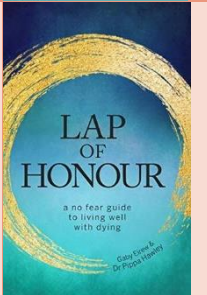
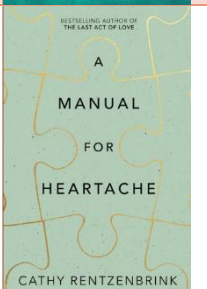
			<p><i>Supporting People Bereaved through a Drug or Alcohol-related Death</i></p>	<p>Cartwright, Peter</p>	<p>155.937 SUP</p>
			<p><i>Coping with Death and Grief</i></p>	<p>Throp, Claire</p>	<p>J155.9</p>
			<p><i>Grief Works: stories of life, death and surviving</i></p>	<p>Samuel, Julia</p>	<p>155.937 SAM</p>
			<p><i>Goodbye, Pet &amp; See You in Heaven: a memoir of animals, love and loss</i></p>	<p>Mooney, Bel</p>	<p>155.937 MOO</p>

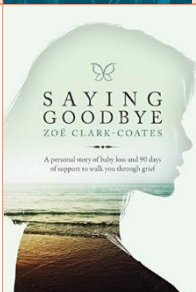

		<p><i>Death Matters</i></p>	<p>Petch, Sally</p>	<p>155.937 PET</p>
		<p><i>Cleo: how a small black cat helped heal a family</i></p>	<p>Brown, Helen</p>	<p>155.937 BRO</p>
		<p><i>Nine Rules to Conquer Death</i></p>	<p>Toolis, Kevin</p>	<p>306.9 TOO</p>
		<p><i>Coping with Death: a book for the bereaved and those who try to help them</i></p>	<p>Scrase, Leslie</p>	<p>155.937 SCR</p>

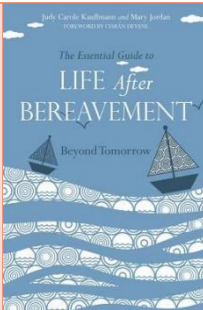
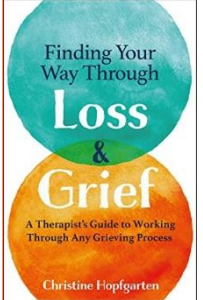
			<p><i>Unspeakable Losses</i></p>	<p>Kluger-Bell, Kim</p>	<p>618.392 KLU</p>
			<p><i>Will My Cat Eat My Eyeballs?</i></p>	<p>Doughty, Caitlin</p>	<p>306.9 DOU</p>
			<p><i>A Good Death: a compassionate and practical guide to prepare for the end of life</i></p>	<p>Rice, Margaret</p>	<p>155.937 RIC</p>
			<p><i>A Beginner's Guide to the End: practical advice for living life and facing death</i></p>	<p>Miller, BJ</p>	<p>155.937 MIL</p>

			<p><i>Advice for the Future Corpses (and those who love them): a practical perspective on death</i></p>	<p>Tisdale, Sallie</p>	<p>155.937 TIS</p>
			<p><i>With the End in Mind: dying, death and wisdom in an age of denial</i></p>	<p>Mannix, Kathryn</p>	<p>306.9 MAN</p>
			<p><i>The Welcome Visitor</i></p>	<p>Humphrys, John</p>	<p>LP 306.9 HUM</p>
			<p><i>Good Grief: A self-help guide to recovery after death</i></p>	<p>Mayer, Catherine</p>	<p>-</p>

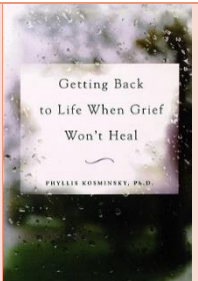
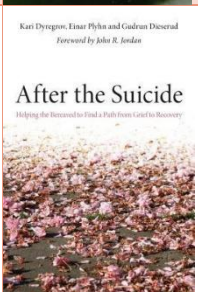
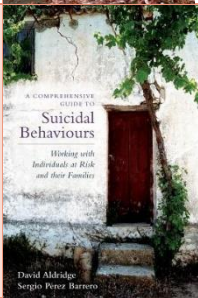
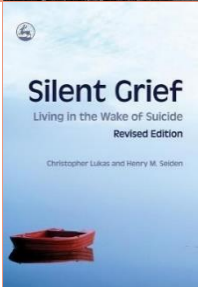
		<p><i>A Good Life to the End</i></p>	<p>Hillman, Ken</p>	<p>155.937 HIL</p>
		<p><i>Happy Old Me: How to Live A Long Life, and Really Enjoy It</i></p>	<p>Davies, Hunter</p>	<p>155.937 DAV</p>
		<p><i>How to Heal a Grieving Heart</i></p>	<p>Virtue, Doreen</p>	<p>155.937 VIR</p>
		<p><i>How to Help a Child Cope with Grief</i></p>	<p>Perkins, Janice</p>	<p>155.937 PER</p>

	 <p>an OVERCOMING publication</p> <p>an introduction to <b>Coping with Grief</b> Second Edition</p> <p>Sue Morris</p>		<p><i>An Introduction to Coping with Grief</i></p>	<p>Morris, Sue</p>	<p>155.937 MOR</p>
	 <p>ROBYN DONALDSON &amp; EMMA HOPKINSON</p> <p><b>it's your loss</b></p> <p>LIVING WITH GRIEF IS HARD WE HOPE THIS BOOK WILL HELP</p>		<p><i>It's Your Loss: living with grief is hard. We hope this book will help.</i></p>	<p>Hopkinson, Emma</p>	<p>155.937 HOP</p>
	 <p>LAP OF HONOUR</p> <p>a no fear guide to living well with dying</p> <p>Gaby Eirew &amp; Dr Pippa Hodge</p>		<p><i>Lap of Honour: a no fear guide to living well with dying</i></p>	<p>Eirew, Gaby</p>	<p>155.937 EIR</p>
	 <p>BESTSELLING AUTHOR OF THE LAST ACT OF LOVE</p> <p>A MANUAL FOR HEARTACHE</p> <p>CATHY RENTZENBRINK</p>		<p><i>A Manual for Heartache</i></p>	<p>Rentzenbrink, Cathy</p>	<p>155.937 REN</p>

		<p><i>The State of Disbelief</i></p>	<p>Rosenfeld, Juliet</p>	<p>155.937092 ROS</p>
		<p><i>Saying Goodbye</i></p>	<p>Clark-Coates, Zoe</p>	<p>618.392 CLA</p>
		<p><i>Beyond Goodbye: A practical and compassionate guide to surviving grief, with day-by-day resources to navigate a path through loss</i></p>	<p>Clark-Coates, Zoe</p>	<p>155.937 CLA</p>
		<p><i>A Child's Grief: supporting a child when someone has died</i></p>	<p>Winston's Wish</p>	<p>155.937 BRO</p>

			<p><i>The Essential Guide to Life After Bereavement: Beyond Tomorrow</i></p>	<p>Carole Kauffmann, Judy</p>	<p>155.937 CAR</p>
			<p><i>Finding a Way Through When Someone Close has Died: What it Feels Like and What You Can Do to Help Yourself: A Workbook by Young People for Young People</i></p>	<p>Mood, Pat</p>	<p>J155.9</p>
			<p><i>Finding Joy</i></p>	<p>Andrews, Gary</p>	<p>155.937 AND</p>
			<p><i>Finding Your Way Through Loss and Grief: A Therapist's Guide to Working Through Any Grieving Process</i></p>	<p>Hopfgarten, Christine</p>	<p>155.937 HOP</p>



			<p><i>Getting Back to Life When Grief Won't Heal</i></p>	<p>Kosminsky, Phyllis</p>	<p>155.937 KOS</p>
			<p><i>After the Suicide: Helping the Bereaved to Find a Path from Grief to Recovery</i></p>	<p>Dyregrov, Kari</p>	<p>616.858445 DYR</p>
			<p><i>A Comprehensive Guide to Suicidal Behaviours: Working with Individuals at Risk and their Families</i></p>	<p>Aldridge, David</p>	<p>616.858445 ALD</p>
			<p><i>Silent Grief: Living in the Wake of Suicide</i></p>	<p>Lukas, Christopher</p>	<p>616.858445 LUK</p>

	 <p>Living with <b>LOSS and GRIEF</b></p> <p>JULIA TUGENDHAT</p>		<p><i>Living with Loss and Grief</i></p>	<p>Tugendhat, Julia</p>	<p>155.937 TUG</p>
	 <p>PAUL MCGREGOR</p> <p><b>MAN UP MAN DOWN</b></p> <p>STANDING UP TO SUICIDE</p>		<p><i>Man Up, Man Down: Standing Up to Suicide</i></p>	<p>McGregor, Paul</p>	<p>616.858445 WIL</p>
	 <p>JOY HIBBINS</p> <p><b>SUICIDE PREVENTION TECHNIQUES</b></p> <p>HOW A SUICIDE CRISIS SERVICE SAVES LIVES</p>		<p><i>Suicide Prevention Techniques: how a suicide crisis centre saves lives</i></p>	<p>Hibbins, Joy</p>	<p>616.858445 HIB</p>