

Dementia Services

Guernsey 2022

Local Services

Dementia Support Service

Dementia Support Workers offer information & practical guidance to help people understand dementia, cope with day-to-day challenges & prepare for the future. Support is offered in person, over the phone, by email or in writing. Dementia Support Workers are there to explain about the condition as well as signposting people to the support services available

Monday, Tuesday & Thursday	8.30am - 5.30pm	Wednesday & Friday	8.30am – 12.30pm
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Activity Group

We have informal activity groups which give a person with a diagnosis of dementia the opportunity to take part in a variety of activities, which focus on socialising and getting to know the others in the group

Rosaire Court and Gardens (Housing&Care21) Rosaire Avenue, St Peter Port GY1 1XW	Every Wednesday	2.00pm – 4.30pm
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Drop-In Support Services

For people with dementia and their carers

Rosaire Court & Gardens (Housing&Care21), Rosaire Avenue, St Peter Port GY1 1XW	First Thursday of the month *	2.30pm – 4.30pm
La Nouvelle Maraitaine Community Library, Rue Maraitaine, Vale GY3 5DQ	Last Thursday of the month **	10.00am – 12.00pm
Le Grand Courtil, (in The Lounge, Block B), La Route des Cornus, St Martin, GY4 6PJ	Last Tuesday of the month ***	2.00pm – 3.30pm

Singing for the Brain

This is a stimulating group activity, for people with dementia and their carers, which can help with general wellbeing and confidence. It is also a place to socialise and meet other people affected by dementia

Professor Shaw Centre (St Martin's Community Centre), La Rue Maze, St Martin GY4 6RR	Every Friday	2.00pm – 4.00pm
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*** No Drop-in in April or January**

**** No Drop-in in March and December**

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If you are interested in finding out more about any of our services, contact us: T: 01481 233 700

E: Guernsey@alzheimers.org.uk

Please note our services are provided free of charge